

No Putdown Inquiries:

Remember: Complete, Correct & comprehensive!

Choose at least 2, or write up your own and have it okayed by Mr Milhous!

1. Identify a person in your life that does not use putdowns. Write a short essay to share why you chose this person and how they make you feel when you are with them. (L) (1person)
2. Role play and perform for the class (or videotape) at least 6 different ways to greet a person that builds caring and respect. Include why it is important to act in a caring, respectful manner rather than using putdowns. (BK) (2 people)
3. List at least 12 phrases or words that because of tone of voice or body language can be genuine or a putdown. Perform (or videotape) them and have the class identify which was a putdown and which was genuine. (BK, L) (1person)
4. List at least 10 songs you feel use putdowns as a main theme of the song or lyrics. Explain what affect these may have on the listeners and then to the people they interact with. Explain why you think so. (A, L) (1person)

5,6,7 and 8 count as two selections each . . .

5. View a popular (your favorite) TV show (parental approval...) and keep a tally of the number of putdowns you hear in a 10 to 15 minute period. Record the number and then calculate how many a viewer would hear in 5, 10, and 20 hours. Graph your results. Explain what affect this may have on someone, **especially a child**. (LM, A, L) (1person)
6. Create a board game **for third graders**. Model it after the game of LIFE. Include compliments, appreciations, putdowns and consequences. Teach it to class members. Explain how playing the game may help young people use appreciations and compliments and avoid using putdowns. (LM, Sp, L) (1person)
7. Compile a list of what you think are the top 5 putdowns heard on the middle school grounds. Record a tally of how many you hear during brunch, lunch and other times **for at least 3 days**. Graph your results and explain how this affects the school atmosphere. Propose at least 2 interventions to help lessen their impact or eliminate them.(LM, L) (1person)
8. Create a comic book or pop-up book of at least 8 pages for younger students (approx 3rd grade) to help them learn the importance of not using putdowns. Read it and discuss it with our class and then read and discuss it with a lower grade class. (Sp, L) (1person)