



## DODGE RIDGE SNOW TRIP

**Who:** Nature Academy students (6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>)

**What:** Two days of skiing or snowboarding

**Where:** Dodge Ridge Ski Resort

**When:** January 24<sup>th</sup>-25<sup>th</sup>, 2011

Each year, a parent from the Nature Academy has volunteered to organize a snow trip to Dodge Ridge Ski Resort for two days of skiing and snowboarding. In the past, this has been a very popular event for Nature Academy students. This year's Dodge Ridge snow trip is scheduled for **Monday**, January 24<sup>th</sup> and **Tuesday**, January 25, 2011. Both of these days are district holidays, so this trip will not interfere with school. Please note: **THIS IS NOT A SCHOOL SPONSORED EVENT**. If you have any questions regarding this trip, please call me at home, Robyn Lambaren, 338-7059 or email at [robynlambaren@att.net](mailto:robynlambaren@att.net)

### PLEASE READ THE FOLLOWING IMPORTANT INFORMATION:

**Loading/Leaving:** We will leave on Monday, January 24<sup>th</sup> at 5:00 a.m. Drivers will contact students traveling in their car to arrange a departure point. Drivers need to make sure they contact the students traveling in their cars **prior to Monday morning** to discuss leaving arrangements and any other pertinent details concerning the trip. Each chaperone will be responsible for the students in his/her car. We expect the trip will take approximately 4 hours with one 20 minute stop (if we don't have to put on chains). **EACH DRIVER NEEDS TO CARRY CHAINS** for their vehicle, especially if their car is not equipped with snow tires and four wheel drive.

**Meet:** Chaperones and students will meet in the courtyard at Dodge Ridge between the cafeteria and the administration building at approximately 9:00 a.m. Lift tickets will be distributed at this location and rental gear will be obtained shortly thereafter.

**Meals:** Each person needs to bring their breakfast for the way up, and bring approximately \$10.00 for dinner on the way home. Other meals are included in the cost of the trip (Monday lunch, dinner, Tuesday breakfast and lunch).

**Ice Skating:** On Monday night, ice skating will be available at Long Barn Lodge. The cost is \$8.50 per person. This is a popular and fun opportunity (for those who still have the energy). Please be sure to bring additional money if you would like to ice skate. Please indicate on attached form if you would be interested in ice skating. Long Barn personnel would like to know, prior to our arrival, how many people are interested in ice skating so that they can adequately staff the ice rink.

**Lodging:** We will be staying at the Long Barn Lodge, near Sonora (approximately 20 minutes from Dodge Ridge). We will organize the girls in one set of rooms and the boys in another. There will be chaperones in each room. We will have an “everyone-in-the-room and lights out” policy at 10:00 p.m. This is not a slumber party, this is a ski trip, and those of us who come to ski/snowboard will not be happy campers if we are tired! Parents/Chaperones please talk to your student about this issue as well as respectful behavior in the lodge. If a student is found to be a discipline problem, the parents will be called and expected to pick up the student.

**Departing for home:** We will leave Dodge Ridge around 4:00 pm on Tuesday. We expect to return home around 9:00-9:30 p.m. Each driver can arrange the pick up or drop off of students traveling in their car.

**Clothes:** You must wear snow pants, snow jacket and snow gloves. *As of this year, anyone renting equipment from Dodge Ridge will also receive a helmet. It is now included in the rental price. For those not renting equipment, it **is strongly recommended** that you bring/wear a helmet on this trip.* I would also suggest that students bring two pairs of gloves, if possible. Also bring hat, goggles/sunglasses and sunscreen. Bring one change of clothes. It would be a good idea to check the weather forecast for Pinecrest, CA and dress appropriately. You may want to bring hand warmers. They can be a lifesaver! Drivers/Chaperones please insist that your students put sunscreen on each morning on the way up to the slopes and again at lunch time. It is very easy to get sunburned in the snow. Please pack all your belongings in one small

duffle bag. We will have a lot of things to pack into cars. We won't have room if the bags are too large.

**Equipment:** We will rent skis/snowboards up at Dodge Ridge – Information is attached. If you plan on taking your own equipment (skis/snowboard) be sure to check with your driver and make sure that they are able to transport your equipment on a roof rack, etc.

**Partners:** Everyone will be asked to ski with at least one partner at all times. Team up with someone who is at your same level of ability for maximum enjoyment. You can change partners – just make sure that are teamed up with someone at all times. Please try not to split up on the way down. If you have walkie-talkies you are encouraged to bring them and use them (remember to label them). **NEVER SKI/SNOWBOARD ALONE.**

Snowboarding/Skiing is a high risk sport and the first days are often the hardest. Parents, if your child has had any ankle, knee or wrist injuries in the past and has braces/supports, please make sure they bring them. The snowboarding park is for advanced boarders only! **There will be NO snowboarding park use due to increased possibility of injury, unless you are accompanied by your parent.**

**Refunds:** Full refunds will be given prior to Friday, January 14, 2011. After that, we can only refund the portion of the trip that we have not paid for.

## **THINGS TO BRING:**

Breakfast for way up (Monday morning)

\$8.50 for ice skating (optional)

\$10.00 for dinner on the way home

Helmet (if not renting equipment)

Ski/Snowboard gear (if not renting)

Wrist guard (optional-great for snowboarders)

Jacket

Gloves

Hat

Extra socks

Warm clothing

Personal items (toiletries, medicine, etc.)

Sleeping bags (optional) Most of the rooms have two queen beds. Some of the rooms have one queen and two twin beds. This means that many students will be sharing a bed with another student. If you feel more comfortable, you may want to bring a sleeping bag to lie on top of the mattress. Chaperones that are rooming with their own child (mother-daughter, father-son) will share a queen bed with that child.

# SNOW TRIP PERMISSION SLIP

I (Robyn Lambaren) am a volunteer parent helping to organize a snow trip for the students of the Nature Academy in liaison with the Parent Council. **THIS IS NOT A SCHOOL SPONSORED EVENT. BY SIGNING THIS YOU ARE RELEASING ME AND THE PARENT COUNCIL FROM ANY LIABILITY INVOLVED WITH UNFORSEEN EVENTS INVOLVED WITH THE TRIP.** This trip is non-profit and all parents/chaperones are volunteers. If you have **ANY** concerns about your child attending, I would strongly suggest that you volunteer to chaperone on this trip. Parents do not need to ski or snowboard to attend.

\_\_\_\_\_ (child's name) has my permission to participate in the ski/snowboarding trip on January 24-25, 2011 at Dodge Ridge Ski Resort. I understand that my child will travel with a parent chaperone in a private automobile. I understand that this type of trip involves a high risk sport.

Age and Date of Birth of child: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

# EMERGENCY CONTACT INFORMATION

In the event of any emergency the following information is necessary:

Parent's home phone \_\_\_\_\_ Cell phone(s) \_\_\_\_\_

Work phone(s) \_\_\_\_\_

Name and Phone Number of an individual to contact if parent is not available

Name \_\_\_\_\_ Phone \_\_\_\_\_

Family Doctor \_\_\_\_\_ Phone \_\_\_\_\_

Insurance Company \_\_\_\_\_ Policy Number \_\_\_\_\_

Additional information that we should know: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

We, the parents/legal guardians of the above named student, consent to release our son/daughter to participate on the snow trip and give permission for chaperones to seek necessary medical/dental treatment in the event of an emergency.

Parent/Guardian Signature \_\_\_\_\_

Note: If your child requires medical care, you definitely will be called and may be asked to come.

# CHAPERONE INFORMATION

Chaperone Name: \_\_\_\_\_

Cell Phone Number: \_\_\_\_\_

Number of seats available (including my child) \_\_\_\_\_

Note: I won't know how many chaperones will be needed until I know how many students will be participating. All parents are welcome. Drivers/Chaperones will be given small stipend to help with gas expenses. Chaperones will be contacted prior to trip to clarify any questions.

## FORMS AND FULL PAYMENT DUE BY FRIDAY, JANUARY 7, 2011

Please make checks payable to N.A. Parent Council

Student Name: \_\_\_\_\_ Ski/Snowboard (circle one)

Phone Number(s): \_\_\_\_\_

Parent Email: \_\_\_\_\_

**Nature Academy Students (Circle all boxes that apply, then total):**

\*\*\*Helmets included with lessons or rentals

Age Group	Ticket Only	Lesson Package (2.5 hours)	Ski or Snowboard Rental	Food + Hotel + Gas	Total
6-12	2 days= \$24		2 days = \$36	\$78	
6-12 + lesson	Included	2 days = \$70	Included	\$78	
13-19	2 days = \$58		2 days = \$40	\$78	
13-19 + lesson	Included	2 days = \$96	Included	\$78	

**Chaperone (Circle all boxes that apply, then total):**

Age Group	Ticket Only	Lesson Package (2.5 hours)	Ski or Snowboard Rental	Food + Hotel + Gas	Total
Chaperone	2 days = \$88		2 days = \$40	\$68	
Chaperone + lesson	Included	2 days = \$118	Included	\$68	
Food + Hotel Only	NONE	NONE	NONE	\$68	

Chaperone	1 day only = \$44	1 day only= \$59	1 day only = \$20	\$68	
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**Note: If you have other special circumstance, please call before completing form.**

**How many are interested in ice skating at Long Barn Lodge? \_\_\_\_\_**



**THE FOLLOWING FORM IS REQUIRED BY DODGE RIDGE AND MUST BE DOWNLOADED FROM THE DODGE RIDGE WEB SITE AND MUST BE TURNED IN DOUBLE SIDED ON A SINGLE PIECE OF PAPER.** Please download at the following site: [www.dodgeridge.com/site/PDFs/Groups\\_Liability\\_Form2010.pdf](http://www.dodgeridge.com/site/PDFs/Groups_Liability_Form2010.pdf)

**Please turn all completed forms into the forms box in Ms. Stockton's room by January 7. If you have any additional questions do not hesitate to email me at [robynlambaren@att.net](mailto:robynlambaren@att.net) or call at 338-7059.**